

Psalm 32

#### Of David. A Maskil.

1 Happy are those whose transgression is forgiven, whose sin is covered.

2 Happy are those to whom the Lord imputes no iniquity, and in whose spirit there is no deceit.3 While I kept silence, my body wasted away through my groaning all day long.



4 For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer.

- 5 Then I acknowledged my sin to you, and I did not hide my iniquity; I said, "I will confess my transgression to the Lord," and you forgave the guilt of my sin.
- 6 Therefore let all who are faithful offer prayer to you; at a time of distress, the rush of mighty waters shall not reach them.
- 7 You are a hiding place for me; you preserve me from trouble; you surround me with glad cries of deliverance.



8 I will instruct you and teach you the way you should go; I will counsel you with my eye upon you.

- 9 Do not be like a horse or a mule, without understanding, whose temper must be curbed with bit and bridle, else it will not stay near you.
- 10 Many are the torments of the wicked, but the steadfast love surrounds those who trust in the Lord.
- 11 Be glad in the Lord and rejoice, O righteous, and shout for joy, all you upright in heart.





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#### **Practical Application**

- For non-Christians and Christians who struggle with unconfessed sin: Make a commitment or re-commitment to Christ.

- For Christians going through difficult times: Seek help and guidance from other Christians and the Lord.

- For Christians who aren't struggling: Support those who are struggling and be grateful, rejoicing in God's grace.

